

St. Cecilia's Public School
Workshop on Good Touch or Bad Touch
Class VI-VIII

This was concerned to the next topic, "good touch, bad touch". We started with a video where it was taught about the bad touches that one faces. They already knew about this and all of them came up with their own experiences and were feeling less burdened then. To make them more comfortable, I gave my own example and taught them to inform their parents and moment it happens. Never ever hide these matters. I taught them to shout "No" and run from the place told them to be aware all around and learn self defense.

It was a knowledgeable workshop for the girls as most of their doubts regarding self is rectified and 'acceptance' is glorified.